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Becoming a Professional LOVER

W O R K B O O K



A Weekly Devotional for
Learning to Love God's Way

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Contents

<i>Week 1:</i> Pattern your love after Christ and His Church	6
<i>Week 2:</i> Structure your love around all the principles in 1 Corinthians 13	10
<i>Week 3:</i> Doing things God’s way results in happiness	14
<i>Week 4:</i> Love is a commitment, not a feeling	16
<i>Week 5:</i> Choose to be happy, and you will be	18
<i>Week 6:</i> Acknowledge that everyone has a personal love style	20
<i>Week 7:</i> Love isn’t love until your spouse says so	21
<i>Week 8:</i> Get to know how your spouse perceives love	22
<i>Week 9:</i> Love your spouse his or her way	23
<i>Week 10:</i> Loving your spouse your way is selfish	24
<i>Week 11:</i> Respect each other’s individual needs	25
<i>Week 12:</i> To love a woman, a man has to accept how she thinks	27
<i>Week 13:</i> To love a man, a woman has to accept how he thinks	29
<i>Week 14:</i> Don’t forget–GOD made man <i>and</i> woman	31
<i>Week 15:</i> Treat marriage like a partnership	33
<i>Week 16:</i> Common values are vital	35
<i>Week 17:</i> God says, “Two cannot walk together unless they be agreed”	37
<i>Week 18:</i> Oneness in harmony, not sameness, holds a marriage together	38
<i>Week 19:</i> You’re alike enough to understand each other	39
<i>Week 20:</i> You’re different enough to enrich each other	41
<i>Week 21:</i> Recognize, appreciate, and use each other’s skills to help love grow	42
<i>Week 22:</i> Frequent words of praise keep happiness and joy alive	44
<i>Week 23:</i> Daily demonstrate your love for each other	45
<i>Week 24:</i> Motivate resolutions by never making divorce an option	46
<i>Week 25:</i> Listen...listen...listen to each other	48
<i>Week 26:</i> Respect each other’s needs and ideas as important	49

<i>Week 27:</i> Settle your differences by meeting each other's present needs	50
<i>Week 28:</i> Never go to bed angry	53
<i>Week 29:</i> Unresolved anger and resentment will destroy a marriage	54
<i>Week 30:</i> Forgiveness and love will save a marriage	55
<i>Week 31:</i> Togetherness in work and play will keep you bonded	56
<i>Week 32:</i> Make time to have fun together	58
<i>Week 33:</i> Sex is for pleasure; as well as for intimacy and creating children	59
<i>Week 34:</i> Live within your means to avoid financial problems	60
<i>Week 35:</i> Use credit only when <i>absolutely</i> needed	62
<i>Week 36:</i> Using cash is better than credit	64
<i>Week 37:</i> Budget a faithful tithe and offering to keep God's blessings flowing	65
<i>Week 38:</i> Friends outside the marriage should be friends of the couple	67
<i>Week 39:</i> Loyalty is to one's marriage and family	69
<i>Week 40:</i> A happy home is where God-likeness reigns supreme	71
<i>Week 41:</i> Remember – YOU are not the family	73
<i>Week 42:</i> Don't neglect each other as you care for the children	74
<i>Week 43:</i> Parent your children together	76
<i>Week 44:</i> Children feel happy and secure when the parents are happy	80
<i>Week 45:</i> Create family traditions to celebrate special occasions	81
<i>Week 46:</i> Have morning and evening family worship	82
<i>Week 47:</i> Daily Bible study together <i>and</i> alone is essential	83
<i>Week 48:</i> As a wife, make Proverbs 31:10-31 your daily goal	84
<i>Week 49:</i> As a husband, make Ephesians 5:25-29 your daily goal	87
<i>Week 50:</i> Make God your partner, and ask Him to help you love your spouse	89
<i>Week 51:</i> Recognize that love, marriage, sex, and family are God's idea—not man's	90
<i>Week 52:</i> Become a professional lover through study, time, and effort.	91

Week 1

“Pattern your love after Christ and His Church.”

Ephesians 5 & 1 Peter 3

List and define the three ways one should “walk *continually* in love” (Eph. 5:1-2).

1.

2.

3.

How do Peter’s descriptions expound on Paul’s definitions (1 Peter 3:8-9b)?

What behaviors are improper among saints (Eph. 5:3-5 and 1 Peter 3:9a)? How does that relate to your behavior in marriage?

How should you respond to people who argue against how God asks you to live (Eph. 5:6-7 and 1 Peter 3:14-15)?

Week 11

“Respect each other’s individual needs.”

List Maslow’s Hierarchy of Needs and ask your spouse “How am I fulfilling, these needs for you,” or “How can I help you to fulfill these needs for yourself?”

1. Basic Needs:

How are these needs being met for my spouse?

What can I do to fulfill my spouse’s unmet needs?

2. Psychological Needs:

How are these needs being met for my spouse?

What can I do to fulfill my spouse’s unmet needs?

Week 33

“Sex is for pleasure; as well as for intimacy and creating children.”

What type of foreplay do the bride and groom engage in? (Song of Solomon 1):

Where are they meeting for their rendezvous? (Song of Solomon 1:16; 7:11-13):

How does the Bible describe the bride and groom’s love-making? (Song of Solomon 4-5:1; 7:7-9):

What sexually arouses the bride and groom for each other? (Song of Solomon 5:4-5, 10-16; 7:1-6):

What kinds of sexual activities seem appropriate based on Song of Solomon, 1 Thessalonians 4:3-8 and Philippians 4:8-9?

What kinds of sexual activities seem inappropriate based on the above scriptural passages?

Week 51

“Recognize that love, marriage, sex, and family are God’s idea—not man’s.”

When have you used God’s design for how to love and what were the results?

When have you used man’s design for how to love and what were the results?